

# GLUTEN ALLERGY

## Express Dining

- 20 -

Sourdough or Catalan Bread  
Spanish Pickles & 2 Tapas

Tue - Thur                      Sat  
5 pm - 6.15 pm              12 pm - 3 pm



additional £3



## Snacks

- 4        Salted Planeta Almonds    V
- 4.5     Mixed Olives            V
- 6.5     Padron Peppers        V
- 4.5     Catalan Bread - **gluten-free bread** V
- 4.5     **Gluten-Free Bread**, Olive Oil & Balsamic    V
- 12.5    Spanish Charcuterie & Cheese Board
- 12.5    Spanish Cheese Board
- 12.5    Spanish Charcuterie Board
- 20      Paleta Iberico Ham - 60g
- 10      Paleta Iberico Ham - 30g

## Tapas

- 7        Patatas Bravas, Allioli    V
- 8        Seasonal Greens, Cashew Crema, Chilli & Lime    - **without Rye** V
- 9        Courgette, BBQ Peas, Preserved Lemon, Radish Kimchi    V
- 9        Beetroot, Goats Cheese, Blood Orange    V
- 9        Mushrooms, Bulgogi Sauce, Mooli Sangchae    V
- 9.5     Inside-Out Chicken Wings, Yuzu Sweet Chilli
- 10      Chorizo, Red Wine, Honey
- 12  Asparagus, Buttermilk, Watercress, Hazelnut Pesto    V
- 13  Gambas a la Plancha ( shell on )

## Dessert        ( £5.50 as part of Express Dining Offer )

- 8        Orange Polenta Cake, Ricotta Gelato, Thyme    V
- 8        Bay Leaf Panna Cotta, Red Wine Poached Pears, Oats    V
- 8.5     Gluten Free Churros, Chocolate Sauce    V

Vegetarian    V

A discretionary 10 % service charge will be added to all bill - thank you.

# DAIRY ALLERGY

## Express Dining

- 20 -

Sourdough or Catalan Bread  
Spanish Pickles & 2 Tapas

Tue - Thur                      Sat  
5 pm - 6.15 pm              12 pm - 3 pm

additional £3



## Snacks

- 4        Salted Planeta Almonds    V
- 4.5     Mixed Olives            V
- 6.5     Padron Peppers        V
- 4.5     Catalan Bread        V
- 4.5     Home-Made Sourdough, Olive Oil & Balsamic    V
- 12.5    Spanish Charcuterie Board - **without Salchichon**
- 20      Paleta Iberico Ham - 60g
- 10      Paleta Iberico Ham - 30g

## Tapas

- 7        Patatas Bravas, Allioli    V
- 7        Wakame, Cucumber, Shichimi Mayo, Black Vinegar    V
- 8        Seasonal Greens, Cashew Crema, Chilli & Lime, Rye    V
- 8.5     Grilled Aubergine, Pomegranate Glaze, Pumpkin Seed Mole    V
- 9        Courgette, BBQ Peas, Preserved Lemon, Radish Kimchi    V
- 9        Mushrooms, Bulgogi Sauce, Mooli Sangchae    V
- 9.5     Inside-Out Chicken Wings, Yuzu Sweet Chilli
- 10      Chorizo, Red Wine, Honey
- 12       Swordfish Tataki, White Ponzu Yuzu Kosho, Cucumber
- 12       Lamb Tsukune, Egg Yolk, Ginger Tare, Shiso
- 13       Gambas a la Plancha ( shell on )

## Dessert        ( £5.50 as part of Express Dining Offer )

- 8        Bay Leaf Panna Cotta, Red Wine Poached Pears, Oats    V
- 9        Vegan Churros, Chocolate Sauce    V

Vegetarian    V

A discretionary 10 % service charge will be added to all bill - thank you.

# NUT ALLERGY

## Express Dining

- 20 -

Sourdough or Catalan Bread  
Spanish Pickles & 2 Tapas

Tue - Thur                      Sat  
5 pm - 6.15 pm              12 pm - 3 pm


additional £3



## Snacks

- 2.5 Ham Croqueta
- 4.5 Mixed Olives V
- 6.5 Padron Peppers V
- 4.5 Catalan Bread V
- 4.5 Home-Made Sourdough, Olive Oil & Balsamic V
- 12.5 Spanish Charcuterie & Cheese Board - **without pickled fig & almond**
- 12.5 Spanish Cheese Board - **without pickled fig & almond**
- 12.5 Spanish Charcuterie Board
- 20 Paleta Iberico Ham - 60g
- 10 Paleta Iberico Ham - 30g

## Tapas

- 7 Patatas Bravas, Allioli V
- 7 Wakame, Cucumber, Shichimi, Arare, Black Vinegar V
- 8 Grilled Gem, Smoked Anchovy, Manchego
- 8.5 Grilled Aubergine, Pomegranate Glaze, Pumpkin Seed Mole V
- 9 Courgette, BBQ Peas, Preserved Lemon, Radish Kimchi V
- 9 Beetroot, Goats Cheese, Blood Orange V
- 9 Mushrooms, Bulgogi Sauce, Mooli Sangchae V
- 9.5 Inside-Out Chicken Wings, Yuzu Sweet Chilli
- 10 Chorizo, Red Wine, Honey
- 12  Swordfish Tataki, White Ponzu Yuzu Kosho, Cucumber
- 12  Lamb Tsukune, Egg Yolk, Ginger Tare, Shiso
- 13  Gambas a la Plancha ( shell on )

## Dessert ( £5.50 as part of Express Dining Offer )

- 8 Bay Leaf Panna Cotta, Red Wine Poached Pears, Oats V
- 8.5 Churros, Chocolate Sauce V
- 9 Miso Custard Tart, Crème Fraiche V

Vegetarian V

A discretionary 10 % service charge will be added to all bill - thank you.

# GARLIC ALLERGY

## Express Dining

- 20 -

Sourdough or Catalan Bread  
Spanish Pickles & 2 Tapas

additional £3



## Snacks

- 4 Salted Planeta Almonds V
- 4.5 Mixed Olives V
- 6.5 Padron Peppers V
- 4.5 Home-Made Sourdough, Olive Oil & Balsamic V
- 12.5 Spanish Charcuterie & Cheese Board - **without Chorizo & Lomo**
- 12.5 Spanish Cheese Board - **without plum chutney**
- 12.5 Spanish Charcuterie Board - **without Chorizo & Lomo**
- 20 Paleta Iberico Ham - 60g
- 10 Paleta Iberico Ham - 30g


Tue - Thur

5 pm - 6.15 pm

Sat

12 pm - 3 pm

## Tapas

- 9 Beetroot, Goats Cheese, Blood Orange V
- 12  Swordfish Tataki, White Ponzu Yuzu Kosho, Cucumber

## Dessert ( £5.50 as part of Express Dining Offer )

- 8 Orange Polenta Cake, Ricotta Gelato, Thyme V
- 8 Bay Leaf Panna Cotta, Red Wine Poached Pears, Oats V
- 8.5 Churros, Chocolate Sauce V
- 9 Miso Custard Tart, Crème Fraiche V

Vegetarian V



A discretionary 10 % service charge will be added to all bill - thank you.

# ONION ALLERGY

## Snacks

- 2.5 Ham Croqueta
- 4 Salted Planeta Almonds V
- 4.5 Mixed Olives V
- 4.5 Catalan Bread V
- 4.5 Home-Made Sourdough, Olive Oil & Balsamic V
- 6.5 Padron Peppers V
- 12.5 Spanish Charcuterie & Cheese Board - **without chutney**
- 12.5 Spanish Cheese Board - **without chutney**
- 12.5 Spanish Charcuterie Board
- 20 Paleta Iberico Ham - 60g
- 10 Paleta Iberico Ham - 30g

## Tapas

- 7 Patatas Bravas, Allioli - **without Bravas Sauce** V
- 7 Wakame, Cucumber, Shichimi, Arare, Black Vinegar V
- 8 Grilled Gem, Smoked Anchovy, Manchego - **without pickled shallots**
- 9 Mushrooms, Bulgogi Sauce, Mooli Sangchae V
- 8 Seasonal Greens, Cashew Crema, Chilli & Lime, Rye V
- 8.5 Grilled Aubergine, Pomegranate Glaze, Pumpkin Seed Mole V
- 9.5 Inside-Out Chicken Wings, Yuzu Sweet Chilli - **without chives**
- 10 Chorizo, Red Wine, Honey
- 12  Swordfish Tataki, White Ponzu Yuzu Kosho, Cucumber
- 13  Gambas a la Plancha (shell on)

## Dessert ( £5.50 as part of Express Dining Offer )

- 8 Orange Polenta Cake, Ricotta Gelato, Thyme V
- 8 Bay Leaf Panna Cotta, Red Wine Poached Pears, Oats V
- 8.5 Churros, Chocolate Sauce V
- 9 Miso Custard Tart, Crème Fraiche V

## Express Dining

- 20 -

Sourdough or Catalan Bread  
Spanish Pickles & 2 Tapas

Tue - Thur Sat  
5 pm - 6.15 pm 12 pm - 3 pm

additional £3



Vegetarian V

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# CAPSICUM ALLERGY

## Express Dining

- 20 -

Sourdough or Catalan Bread

Spanish Pickles & 2 Tapas

Tue - Thur

Sat

5 pm - 6.15 pm

12 pm - 3 pm

additional £3



## Snacks

- 4 Salted Planeta Almonds V
- 4.5 Mixed Olives V
- 4.5 Catalan Bread V
- 4.5 Home-Made Sourdough, Olive Oil & Balsamic V
- 12.5 Spanish Charcuterie & Cheese Board - **without Chorizo & Lomo**
- 12.5 Spanish Cheese Board - **without chilli jam**
- 12.5 Spanish Charcuterie Board - **without Chorizo & Lomo**
- 20 Paleta Iberico Ham - 60g
- 10 Paleta Iberico Ham - 30g

## Tapas

- 7 Patatas Bravas, Allioli - **without Bravas Sauce** V
- 7 Wakame, Cucumber, Arare, Black Vinegar - **without Shichimi** V
- 8 Grilled Gem, Smoked Anchovy, Manchego
- 8.5 Grilled Aubergine, Pomegranate Glaze, Pumpkin Seed Mole V - **without chilli**
- 9 Beetroot, Goats Cheese, Blood Orange V

## Dessert ( £5.50 as part of Express Dining Offer )

- 8 Orange Polenta Cake, Ricotta Gelato, Thyme V
- 8 Bay Leaf Panna Cotta, Red Wine Poached Pears, Oats V
- 8.5 Churros, Chocolate Sauce V
- 9 Miso Custard Tart, Crème Fraiche V

Vegetarian V

A discretionary 10 % service charge will be added to all bill - thank you.

# SESAME ALLERGY

## Express Dining

- 20 -

Sourdough or Catalan Bread  
Spanish Pickles & 2 Tapas

Tue - Thur                      Sat  
5 pm - 6.15 pm              12 pm - 3 pm





additional £3



## Snacks

- 2.5 Ham Croqueta
- 4.5 Mixed Olives V
- 6.5 Padron Peppers V
- 4.5 Catalan Bread V
- 4.5 Home-Made Sourdough, Olive Oil & Balsamic V
- 12.5 Spanish Charcuterie & Cheese Board
- 12.5 Spanish Cheese Board
- 12.5 Spanish Charcuterie Board
- 20 Paleta Iberico Ham - 60g
- 10 Paleta Iberico Ham - 30g

## Tapas

- 7 Patatas Bravas, Allioli V
- 8 Grilled Gem, Smoked Anchovy, Manchego
- 8 Seasonal Greens, Cashew Crema, Chilli & Lime, Rye V
- 9 Courgette, BBQ Peas, Preserved Lemon, Radish Kimchi V
- 9 Beetroot, Goats Cheese, Blood Orange V
- 10 Chorizo, Red Wine, Honey
- 12  Asparagus, Buttermilk, Watercress, Hazelnut Pesto V
- 12  Seafood Escabeche, Carrot, Piquillo, Lemon & Black Pepper Crisps
- 12  Lamb Tsukune, Egg Yolk, Ginger Tare, Shiso
- 13  Gambas a la Plancha ( shell on )

## Dessert ( £5.50 as part of Express Dining Offer )

- 8 Orange Polenta Cake, Ricotta Gelato, Thyme V
- 8 Bay Leaf Panna Cotta, Red Wine Poached Pears, Oats V
- 8.5 Churros, Chocolate Sauce V
- 9 Miso Custard Tart, Crème Fraiche V

Vegetarian V

A discretionary 10 % service charge will be added to all bill - thank you.

# NO ALCOHOL

## Express Dining

- 20 -

Sourdough or Catalan Bread  
Spanish Pickles & 2 Tapas



additional £3



## Snacks

- |      |  |                |              |
|------|--|----------------|--------------|
| 2.5  | Ham Croqueta   | Tue - Thur     | Sat          |
| 4    | Salted Planeta Almonds V   | 5 pm - 6.15 pm | 12 pm - 3 pm |
| 4.5  | Mixed Olives V   |                |              |
| 4.5  | Home-Made Sourdough, Olive Oil & Balsamic V  |                |              |
| 4.5  | Catalan Bread V  |                |              |
| 6.5  | Padron Peppers V   |                |              |
| 12.5 | Spanish Charcuterie & Cheese Board - <b>without Murcia &amp; different toppings on Idiazabel &amp; Picos</b> |                |              |
| 12.5 | Spanish Cheese Board - <b>without Murcia &amp; different toppings on Idiazabel &amp; Picos</b>               |                |              |
| 12.5 | Spanish Charcuterie Board  |                |              |
| 20   | Paleta Iberico Ham - 60g   |                |              |
| 10   | Paleta Iberico Ham - 30g   |                |              |

## Tapas

- |     |   |  |  |
|-----|---|--|--|
| 7   | Patatas Bravas, Allioli V   |  |  |
| 8   | Seasonal Greens, Cashew Crema, Chilli & Lime, Rye V   |  |  |
| 9.5 | Inside-Out Chicken Wings, Yuzu Sweet Chilli   |  |  |
| 12  |  Asparagus, Buttermilk, Watercress, Hazelnut Pesto V       |  |  |
| 13  |  Gambas a la Plancha ( shell on ) - <b>without vinegar</b> |  |  |

## Dessert ( £5.50 as part of Express Dining Offer )

- |     |  |
|-----|--|
| 8   | Orange Polenta Cake, Ricotta Gelato, Thyme V |
| 8.5 | Churros, Chocolate Sauce V                   |
| 9   | Miso Custard Tart, Crème Fraiche V           |

Vegetarian V

A discretionary 10 % service charge will be added to all bill - thank you.